# SAFETY CAMPAIGN



# **SLIPS, TRIPS & FALLS**

MAKE YOUR SHIP THE BEST, SAFER THAN ALL THE REST.

#### WHAT?

Slips, trips and falls (STF) are some of the highest causes of injuries in the workplace both ashore and afloat. More importantly, these injuries have the potential to affect a person's life long after the incident.

The good news is: With the right precautions and situational awareness, such incidents are preventable. You can prevent them from happening. Start right now!

#### TYPICAL EXAMPLES

- A crewman dried the bathroom floor with a towel using his feet.
   He slipped and strained his groin.
- An officer's left foot was caught in an electrical cord. He felland twisted his ankle.
- A Steward was mopping the galley deck and stopped to talk to a colleague. As he turned around he stepped forward onto the wet floor and slipped. He fell over and bumped his head hard on the floor.
- An Oiler slipped on lubricating oil that had leaked onto the deck.
   He strained his knee.
- An officer slipped on a wet deck after seeing the pilot off. He
  was returning to the bridge but did not use the pathway nor
  was he wearing the correct footwear.



## THINGS TO LOOK OUT FOR...

- 1. Wet and slippery surfaces due to rain or cleaning activities
- 2. Oil and grease contamination
- 3. Uneven floors, loose floor coverings and changes in floor levels
- 4. Weather unexpected ship movement, frost, snow, condensation, sun glare
- 5. Too little light; but also too bright lights resulting in glare
- 6. Poor line of vision
- 7. Clutter and poor housekeeping in work and living areas
- 8. Ladders, hoses and electrical cords across walk ways
- 9. Ladder and gangway rigging, especially when steep
- 10. Not wearing the right footwear

#### WHAT WE WANT YOU TO DO:

- Asses the STF hazards in your work areas (Refer below sample checklist)
- Record your observations.
- Focus your team's attention on STF's when conducting tool box meeting. Intervene before something happens.
- · Work with company staff to resolve any issues you identified.

	The Environment	YES	NO	N/A	Notes
1	Are any floors or stairs known to be slippery?				
2	Does mooring area have an effective non- slip surface?				
3	Arelighting conditions adequate and appropriate?				
4	Are the areas near the top and bottom of stairs free of STF hazards?				
5	Are stair handrails in position, unobstructed and easy to use?				
6	Are the floors well maintained (i.e. Are there holes, cracks or other damage?)				
7	For areas where there are slopes or other changes in floor level: Are they easy to see or highlighted?				
8	Are fittings and other STF hazards easy to see or highlighted?				
9	Are metal edgings/joining strips in good condition?				
10	Do mats firmly adhere to flooring and are they in good condition (i.e: No curled corners)?				
11	Is appropriate safety equipment, including PPE, available to staff?				
12	Are portable ladders In good condition with all safety features in place? E.g. rubber feet.				
13	Are oil drums placed on wooden gratings and not kept directly on the floor?				
14	Is housekeeping on board in good order?				
15	Where STF hazards cannot be avoided or adequately reduced, are there sufficient warning signs or barriers				

# Load line PSC checklist

Vessel: Date:

S.NO	Load line items		NO	N/A
1	Load line marks including the deck line, and draught marks, all clearly visible and correctly marked in contrasting color (REPEATED DEFICIENCY)			
2	Check air pipes/vents for damage and wastage, including condition of self-closing devices, gaskets and flame screens			
3	Maintenance of air pipes/vents updated in bassnet			
4	Check hold ventilators for damage and wastage			
5	Check weather tight doors for condition; e.g. corrosion, buckling of door and hinges, deterioration of gasket retaining channel, missing/deteriorated gasket and missing /frozen/corroded dogs/cleats			
6	Check if rubber packing on weather tight doors are not painted			
7	Check main hatch covers and access hatch covers for corrosion and damage, deterioration/ damage to retaining channels, missing/deteriorated gasket and missing/ frozen/corroded cleats/dogs			
8	Check windows, side scuttles and skylights for condition			
9	Check sounding pipes and ensure caps are intact			
10	Check if butterfly nuts for ventilator flaps , sky light , booby hatch covers , rope locker etc are intact and not missing			
11	Check if water ingress alarm system on bridge is operational and not showing any fault alarm			
12	Check if sounding pipes / vent pipes / air pipes are clearly marked indicating the space they serve			
13	Check if sea valves and overboard discharges, including their attachment to shell are satisfactory			
14	Ensure all ballast tank covers are fully bolted and gasket in good condition.			
15	Check if railings, catwalk are free from corrosion, cracks, buckling etc			

## Master: